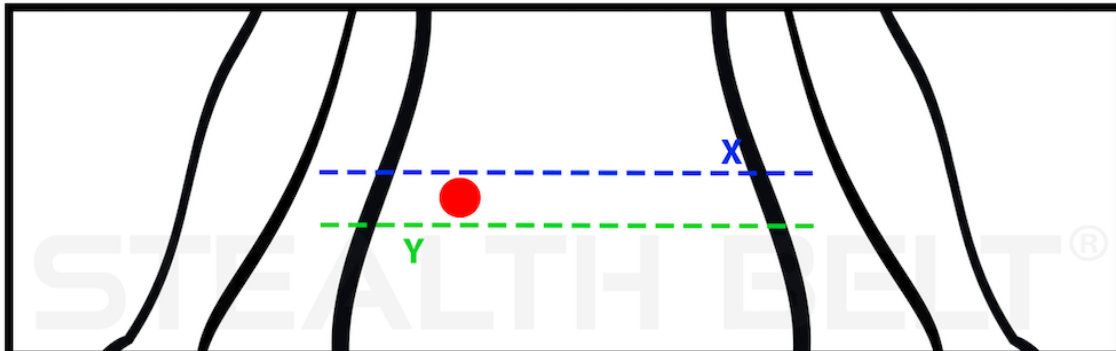


STEALTH BELT®

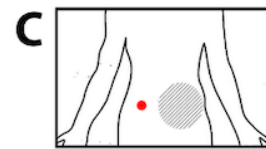
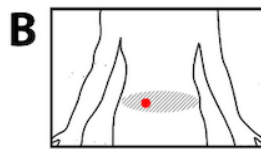
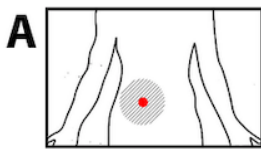
OSTOMY SUPPORT BELTS

Hernia Belt Worksheet



INSTRUCTIONS:

1. Determine hernia type - *circle one*:



2. Determine the patient's **flange diameter** and whether the stoma location is on the left or right side of the patient's body.

Flange: _____

Stoma Location: _____

3. In a lying position, take measurement **X** around the **body** in inches **above** the **stoma**. Record: _____

In the same position, take measurement **Y** around the **body** in inches **below** the **stoma**. Record: _____

Take an **average of X and Y** for your **body size measurement**

X: _____

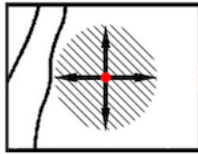
Y: _____

Body Size: _____

4. Indicate if the belt is in the **horizontal** or **vertical** style. Record: _____

**** **Hernia Type C** – Skip to Step 6. ****

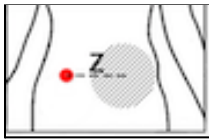
5. Take measurements from the **center-point** of the stoma to the **edge of the hernia**, in each direction.



Left: _____ Right: _____
Above: _____ Below: _____

**** **HERNIA TYPE C SECTION** ****

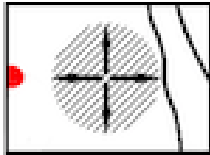
6. If you selected **Type C**, complete the step following the directions below.



Take measurement **Z** from the **center-point** of the **hernia** to the **stoma**.

Center-point: _____

7. Take measurements from the **center-point** of the **hernia** to the **edge of the hernia**, in each direction.



Left: _____ Above: _____
Right: _____ Below: _____